

TEAMmate Profile - Emily Lake

- Mental Health First Aider
- Enhanced DBS Check
- Currently training to become an accredited Psychotherapist and Counsellor
- Promotes wellbeing in and outside of sport
- Applied Sport Psychology MSc (Distinction) - researched professional rugby players' experiences of being forced to retire through injury.
- Worked at the RFU and Switch the Play
- Proud member of the BUCS Mental Health Committee, as well as a Samaritans Listening Volunteer.



TEAMmate Profile - Dr Natalie Campbell

- Mental Health First Aider
- Enhanced DBS Check
- Chartered Sport and Exercise Psychologist and HCPC registered
- Senior Lecturer at the University of Gloucestershire
- Work is rooted in understanding identity and belonging



TEAMmate Profile - Neil Clark

- Mental Health First Aider
 - Enhanced DBS Check
 - MSc Sport Business and Leadership (Distinction), researching secure base leadership in enhancing sportspeoples' mental health and wellbeing
 - Now completing a PhD in a similar subject area
 - Now training teachers in mental health first aid
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TEAMmate Profile - Stu Holliday

- Mental Health First Aider
 - Enhanced DBS Check
 - Chartered Sport and Exercise Psychologist and HCPC registered
 - Worked with GB Archery, Liverpool FC and England Netball
 - Interests in running, cycling and tennis
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