



NEWSLETTER

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CONTENTS



3



4

SPORTS VOLUNTEER CELEBRATION AND ACKNOWLEDGEMENT EVENT

5

COMMONWEALTH GAMES 2022

7

INTERVIEW WITH CGA ATHLETE: LAURA KINLEY



9

SUPPORT FOR SPORT 2022-23

10

SUPPORT FOR SPORT 2022-23: COACH EDUCATION

11

YOUR SPORT REVIEW

12

INTRODUCING LOUISE CORKILL

8



14



YOUR SPORT, YOUR PEOPLE
- SPOTLIGHT ON ARCHERY

ISLE OF MAN SPORTS AWARDS

Congratulations to the winners of the Isle of Man Sports Awards 2021...

The Isle of Man Sports Awards is an inspirational evening where the Island's top athletes and officials gather at the Villa Marina to celebrate the sporting achievements and success stories of the year.



The winners of the 2021 Isle of Man Sports Awards are:

- Sportsman of the Year - Mark Cavendish
- Sportswoman of the Year - Tara Donnelly
- Under 21 Sportswoman of the Year - Kaytlyn Adshead
- Under 21 Sportsman of the Year - Tyler Hannay
- Disability Sportsperson of the Year - Sean Jackson
- Sports Team of the Year - Manx Rams Netball
- Sports Administrator of the Year - Linda Alton-Heath
- Ambassador of the Year - FC Isle of Man
- Sports Coach of the Year - Ashley Hall
- Veteran Sportsperson of the Year - Martin Freestone
- The Leonie Cooil 'Courage & Inspiration' Award - Andrew Baker
- Lifetime Achievement Award - Colin Brown
- Sports Leader of the Year - Millie Corlett

SPORTS VOLUNTEER CELEBRATION AND ACKNOWLEDGEMENT EVENT



Members of the Sports Liaison Committee with volunteers from across a range of sports on the Isle of Man

As part of the 2021 Sports Awards, Isle of Man Sport held their very first Sports Volunteer Celebration and Acknowledgement Event. This event was attended by volunteers nominated by their Governing Body of Sport to recognise and celebrate their commitment and dedication to their sport.

Twenty-nine volunteers from across eleven different sports were nominated to attend this year and we look forward to growing this annual event to acknowledge and thank all those giving up their time in whatever

capacity it may be - from coaching and officiating to volunteering on Committees and administration roles.

Isle of Man Sport will be contacting recognised Governing Bodies of Sport for nominations from December 2022 but if you would like to nominate someone to attend this event to celebrate their commitment as a volunteer to their sport, please email sportsliaison@gov.im with your nomination, their contact details and reasons for nomination.

Want to know more about the Isle of Man Sports Award event? Please contact us at iomsportsawards@gov.im for more information or follow us on social media!



@isleofmansportsawards



@iomsportsawards



@iom_sport

COMMONWEALTH GAMES 2022

BIRMINGHAM 2022

In a few weeks time, the 34-strong Isle of Man team will be heading to Birmingham for the XXII Commonwealth Games. We caught up with Erica Bellhouse, Chef de Mission, and Laura Kinley, one of the selected athletes, to find out more about the squad, expectations and the Games itself.

What's the role of Chef de Mission?

Sounds very grand. doesn't it! I'd describe myself as the person that hopefully can answer every question that anybody asks during the Games. I pull everything together - all the athletes, the support staff and the dignitaries to ensure everything runs smoothly!

How does the selection process work to represent the Isle of Man at the Commonwealth Games?

We have a series of selection standards which are all approved well in advance of the Games. Each of the sports who have the ability to compete at the Games are given a voting right, along with our Executive Committee and there is a selection panel. All the athletes submit their CV's which are



Erica Bellhouse, Chef de Mission

reviewed by the panel and it ultimately goes to a vote.

This year has been different and we've tried to be much more athlete-focused by introducing a tiered selection process. The idea of this was to give athletes both the most time to prepare for the Games and also the most time to reach the qualifying standards.

Tier 1 selections were typically our professional athletes who needed to negotiate contracts. Tier 2 selections were our national level athletes and as a result of earlier selection they've had an additional 3 months to prepare, giving them 6 months to be able to

schedule their training and competition around the Games. The flip side of that, is that we tried to give Tier 3 athletes the most time possible to meet the qualifying standards by allowing them up to Easter. I think it's worked really well - particularly given Covid, we wanted to ensure athletes had the maximum amount of time we could give them to reach the standards and we've got some great development athletes in the squad as a result.

We've also managed to get 4 additional development places this year, which are not part of the selection process and has meant we've been able to take a 34-strong squad to the Games this year. There were various criteria for these development places and if anyone on the long list met these criteria, we applied to the Commonwealth Games Federation for a place for them. From there it was out of our control, so we've been very lucky and are pleased to get these 4 additional places for our development athletes.

What are your hopes for this year's Isle of Man team?

We've got a really strong cycling team and we hope we might be able to come home with a medal from there. Outside of that, we've got some fantastic development athletes who I hope just go and experience the Games and enjoy it. I hope that the ability to go to the 2026 having already experienced a Games without too much pressure will hopefully help that next cycle going forwards.

There's also a lot of people that we hope will get to finals but we need to remember that to get to a final at a Commonwealth Games is a huge achievement and a whole different level up from anything else.

What are you most looking forward to at the Games?

This is my first time going to a Commonwealth Games, as well as, being the Chef de Mission for the Isle of Man, so it's really exciting! I love anything to do with any sport, so I am just looking forward to being with the athletes and hoping that I can help their experience in some way.

I think the opening ceremony will probably be a little overwhelming and certainly an unforgettable experience!



Some of the Isle of Man selected athletes

Want to know who's competing when for Team IOM at Birmingham 2022?

Check out the full schedule by scanning the QR code or clicking on the link below:



<https://mmo.aiircdn.com/61/62c7072625cf0.pdf>

LAURA KINLEY



Have you been to a Commonwealth Games before?

Yes, I competed previously at Glasgow 2014, Gold Coast 2018 and I also competed at the Commonwealth Youth Games in 2011 on the IOM.

Birmingham 2022 will be my 3rd Commonwealth games and it's a privilege to have been selected again! Thank you to Isle of Man Sport, Sport Aid and Isle of Man Swimming for all their support!

What are you most looking forward to at the Games?

I am looking forward to the whole experience of the games, it's such a great a team atmosphere and the whole team supports each other. It's also the first time a

mixed relay has been in the Games so it's really exciting to take part in a team event.

What makes a Commonwealth Games special?

The Commonwealth Games means a lot as it is the highest level of competition that you can represent the Island and I am always so proud to be able to compete for the Isle of Man. It is always a great honour to represent the Island on a world stage.

What events will you be competing in at the Games?

I will be competing in the 50m and 100m breaststroke and 4 x 100m mixed medley relay which is a new event in this year's Games.

What advice would you give to any young swimmer wanting to represent the Isle of Man at the Commonwealth Games in the future?

Firstly, enjoy the journey! If you're enjoying what you're doing, then you're much more likely to spend the amount of time required to reach your potential in the sport. Having fun is really important! Secondly, train hard and set big goals - anything is possible if you believe it!

Isle of Man Sport wish all of the Isle of Man team the best of luck in Birmingham 2022!



QUEEN'S BATON RELAY



The 16th official Queen's Baton Relay covers the entirety of the Commonwealth as the Baton travels to all 72 Commonwealth nations and territories, covering a distance of 140,000 kilometres over 294 days.

The Birmingham 2022 Queen's Baton Relay arrived in the Isle of Man on Wednesday 15th June 2022 which was the 68th destination out of the 72 Commonwealth nations and territories it has visited. During its time in the Island, the Baton travelled to a number of locations including Peel, Port Erin, Castle Rushen, Tynwald Hill, University College Isle of Man and Centre 21, with 32 local Batonbearers assisting in its journey.

Isle of Man Sport members were delighted to be in attendance at the NSC reception on Thursday 16th June 2022 where John Brian Osbourne, a member of the first team the IOM sent to a Commonwealth Games in 1958, handed the Baton over for the Primary School relay around the Athletics track.

The Queen's Baton Relay will complete its journey at the Opening Ceremony of the Birmingham 2022 Commonwealth Games on 28th July 2022.

Top to bottom:

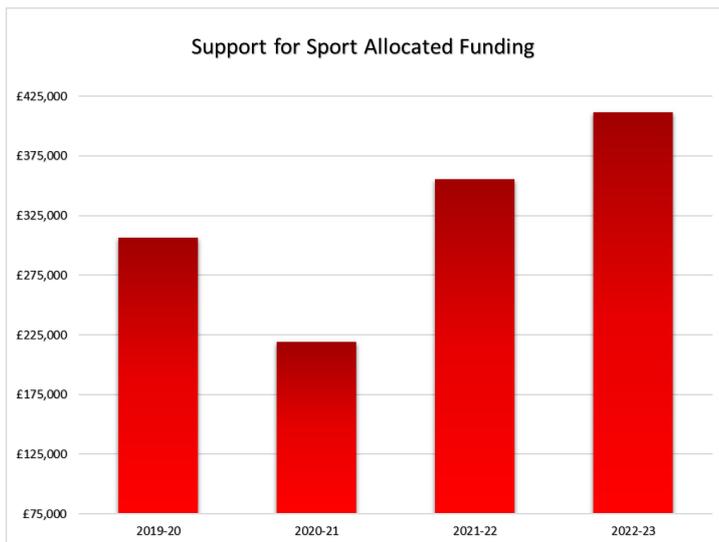
1. Sarah Webster and Rachael Franklin (IOM Sport Aid and CGA athletes) with Julie Hinstridge (Special Olympics Isle of Man) at the Primary School relay.
2. Jessie Carridge and Sam Brand (IOM Sport Aid and CGA cyclists) with IOM Sport Aid Academy athletes.
3. Kiera Prentice, Peter Allen and Emma Hodgson (IOM Sport Aid and CGA swimmers)
4. John Brian Osbourne (IOM middleweight boxer in the 1958 Games), Ruth Douthwaite (IOM Judo silver medallist in 1986 Games and British Judo Champion in 1984), Jade Burden (IOM CGA boxer), Kelly Domingo and Martin Cheung (IOM Badminton junior players)



SUPPORT FOR SPORT 2022/23

This year, as a result of COVID-19 and reduced travel over the last two years, Isle of Man Sport have been able to allocate more funding than ever before to their Support for Sport programme.

We have allocated an unprecedented level of funding with a view to helping kickstart sports who have been impacted over the last two years. £263,000 of the funding allocated this year is towards off-Island travel for participation, coaching, officiating and governance objectives. This level of support is not sustainable long-term and funding across all sports will be significantly less in future years; however, we hope to assist sports this year on their road to recovery!



Through working with the Sports Liaison Officer, sports have submitted initiatives which align with our IOM Sport Priorities and Objectives. As a result, we have funded 175 initiatives and will be supporting 28 different sports over the course of the year.

£415,801

Total funding allocated to recognised sports in 2022/23 via the Support for Sport Programme

100%

of all initiatives that meet IOM Sport's Priorities and Objectives funded in 2022/23

175

number of initiatives funded via the Support for Sport programme in 2022/23

28

number of sports supported in 2022/23

SUPPORT FOR SPORT 2022/23: COACH EDUCATION

Isle of Man Sport Coach Education Programme now free to recognised Governing Bodies of Sport!

Previously Isle of Man Sport have encouraged sports to include funding for workshops on our IOM Sport Coach Education Programme in their Priorities and Objectives, enabling individuals to access workshops at 50% of the cost,

In order to reduce administration for sports and to demonstrate our commitment to ensuring sport on the Island is safe for all, this year we are providing all workshops on our Coach Education Programme for free to members of recognised Governing Bodies of Sport.

Anyone involved in coaching, officiating, volunteering or administration who requires these qualifications, please contact your local club or Governing Body of Sport who will be able to provide a promo code to you. This can be entered on the EventBrite website when booking to reduce the cost to nil.

Sports whose National Governing Body requires them to attend sport-specific workshops can still access 50% matched funding via their Priorities and Objectives, should they wish to do so.

Our coach education programme includes:

- UK Coaching Safeguarding and Protecting Children
- Royal Life Saving Society (RLSS) Life Support 3 (First Aid)
- Level 2 Welfare Officer training

To book onto a course, please click this link: <https://msr.gov.im/media/1613/coach-education-programme-2022-23.pdf>

Isle of Man Sport Coach Education Programme					
Date	Course/Workshop/Event	Course Provider	Time	Venue	Booking
2021					
11 Oct 2021	First Aid Life Support 3	RLSS	18.00-21.30	IOM Sport Institute	Book Now
21 Oct 2021	Safeguarding & Protecting Children	MSR	18.30-21.30	IOM Sport Institute	Book Now
6 Dec 2021	Safeguarding & Protecting Children	MSR	18.30-21.30	IOM Sport Institute	Book Now
2022					
10 Jan 2022	First Aid Life Support 3	RLSS	18.00-21.30	IOM Sport Institute	Book Now
12 Jan 2022	Safeguarding & Protecting Children	MSR	18.30-21.30	IOM Sport Institute	Book Now
18 Jan 2022	First Aid Life Support 3	RLSS	18.00-21.30	IOM Sport Institute	Book Now
20 Jan 2022	Safeguarding & Protecting Children	MSR	18.30-21.30	IOM Sport Institute	Book Now
9 Feb 2022	Level 2 Welfare Officer Training	Dept Education, Sport & culture	18.30-21.30	IOM Sport Institute	Book Now
13 Apr 2022	First Aid Life Support 3	RLSS	18.00-21.30	IOM Sport Institute	Book Now
19 Apr 2022	Safeguarding & Protecting Children	MSR	18.30-21.30	IOM Sport Institute	Book Now
11 Jul 2022	First Aid Life Support 3	RLSS	18.00-21.30	IOM Sport Institute	Book Now
18 Jul 2022	Safeguarding & Protecting Children	MSR	18.30-21.30	IOM Sport Institute	Book Now
13 Oct 2022	First Aid Life Support 3	RLSS	18.00-21.30	IOM Sport Institute	Book Now
18 Oct 2022	Safeguarding & Protecting Children	MSR	18.30-21.30	IOM Sport Institute	Book Now
2023					
9 Jan 2023	First Aid Life Support 3	RLSS	18.00-21.30	IOM Sport Institute	Book Now
11 Jan 2023	Safeguarding & Protecting Children	MSR	18.30-21.30	IOM Sport Institute	Book Now
17 Jan 2023	First Aid Life Support 3	RLSS	18.00-21.30	IOM Sport Institute	Book Now
19 Jan 2023	Safeguarding & Protecting Children	MSR	18.30-21.30	IOM Sport Institute	Book Now

Want to know more about our Support for Sport programme? Please visit our website and FAQ's: <https://www.isleofmansport.com/sports-liaison/support-for-sport/support-for-sport-2022-2023/>

YOUR SPORT REVIEW

Thank you to all our recognised sports for submitting their Your Sport Review's at the end of January. We are now able to build a much better picture of participation in sport on the Island and the number of people involved in a variety of different roles from coaching and volunteering to officiating and welfare officers.

58%

Increase in welfare officers

There has been a 58% increase in the number of welfare officers since 2019

20%

Increase in active coaches

The number of active coaches at all levels has increased from 902 in 2020 to 1,083 in 2021

10%

Increase in registered members of sports clubs

Registered members have increased from 19,436 in 2020 to 21,403 in 2021

This year, there were...

231 sports clubs

ran by

over 2600 volunteers

with the support of

875 officials

and

over 1000 coaches

Thank you to you all!

Number of participants in on Island events in 2021

8,979

Senior males

2,777

Senior females

209

Disability athletes

5,319

Junior males

3,852

Junior females

INTRODUCING LOUISE CORKILL

How did you come to work for IOM Sport and how long you have been in post for?

I returned to the Island in 2020 as a result of COVID, after spending a season playing hockey abroad in Belgium for Royal Racing Club de Bruxelles. Prior to that I had spent the last 10 years in Leeds, initially moving across to study at University and further my hockey career. I was fortunate enough to be offered the opportunity to study for a postgraduate research degree in sport psychology which opened more doors and led into a career in full-time coaching, working for an independent school and for England Hockey.

Alongside these roles, I took an interest in the governance side of my sport, being involved in the North Hockey Association Performance Committee and as an elected regional representative for the North on the England Hockey Player Pathway Strategy Committee. Over the 5 years I spent on these Committees, I helped to influence and shape the pathway to international hockey through 2 different systems to what is now being implemented today as the new 'Talent System'.

On my return to the Island, this role came up and it seemed a natural fit for me to start the next chapter of my career and to have a wider impact across multiple sports on the Island. I was fortunate to be successful and have been in post since July 2021.

A year on from her appointment, we catch up with Sports Liaison Officer, Louise Corkill...



Tell us a bit more about your role as Sports Liaison Officer and what you do on a day to day basis.

A year in and I am still learning lots about the role but I am excited by the opportunity to shape and grow the support we can provide to sports on the Island!

On a day to day basis, my priority is to support individuals from across our 28 recognised sports, working to assist and support them to best develop their sports and to maximise their use of our support. As part of this, I administer a range of lottery-funded support programmes for recognised Governing Bodies of Sport which includes Support for Sport, Disability Sport Support and Island of Sport. Alongside this, I have a variety of different projects working on our communication, education programme and governance across

the organisation and it's this variety that keeps my job so interesting!

What is your sporting background?

I have always been extremely competitive and enjoyed playing a wide range of sports; however, nothing quite matched the passion I had for hockey. I have now been involved as a player for 20 years, a coach for over 10 years and for my sins, also do a fair amount of umpiring for the sport as well.

As a Manx woman, I was fortunate to be an IOM Sport Aid athlete for several years and achieved several England U21 caps in the process. Since then, I have played at the highest level of the elite domestic game in England and in Belgium, prior to hanging up my stick, so-to-speak. I now play recreationally in the local leagues on the Isle of Man and have been enjoying the opportunity to try my hand at some new sports!

What has been a highlight of your role so far?

There's been two main highlights of my role so far - the first is visiting sports in their own environments. The opportunity to learn more about their sport, understand how they operate and celebrate their successes is



hugely gratifying! It's been brilliant to be able to visit some clubs both before and after to see the impact of the support from our programmes.

Secondly, running our first 'Sports Volunteer Celebration and Acknowledgement Event' at the 2021 IOM Sports Awards was such a privilege and an amazing opportunity to meet more volunteers from across a range of different sports, hear their stories and to personally thank them for their ongoing contribution to their sport, without which our sporting community would not be what it is today.

What makes the Isle of Man so special for aspiring sportsmen and women?

The Isle of Man has a huge breadth of sporting opportunity available for anyone and everyone to get involved! There are so many different sports being played on the Island and there is something for everyone.

The short distances to travel make it possible to compete in numerous sports and to pursue playing multiple sports to a good level for a longer period of time in comparison to the UK, where specialisation is often forced slightly earlier in a young player's development due to the travel and time commitments required.

Want to know more about Sports Liaison and our work, please visit:

<https://www.isleofmansport.com/sports-liaison/>

or contact Louise via email: Louise.Corkill2@gov.im.

YOUR SPORT, YOUR PEOPLE



Names: Joy Gough and Peter Mumford

Governing Body: Isle of Man Archery Association (IOMAA)

What are your roles and how long have you been involved in Archery?

JG: Archer/Coach/ IOMAA Administrator – I started shooting in 1991 and coaching in 1996. I've represented the Island in the Island Games and in UK National competitions.

PM: Archer/Coach/IOMAA Chair – I started shooting in 1985 and have been a coach since 1996. I've coached archers for Commonwealth Games in Delhi and Youth Commonwealth Games in Samoa and have represented the Island in the Island Games and in UK National competitions.

What's the difference between Field and Target Archery?

Target Archery is shot outdoors on a flat, open field at targets set at fixed distances and with a fixed number of arrows. Target faces are roundels of different sizes according to the distance being shot. Indoors shooting takes place in a sports hall up to a distance of 20 yds (18m). Different bow types are accommodated. Target archery is an Olympic sport and is also shot at European, Commonwealth and World Championship levels.

Field Archery is akin to a round of golf. Targets are set out around a course which can often be in a forest or glen and which may include elevation changes and obstacles such as trees and streams. Distances vary and can be either marked or unmarked. Target faces may be roundel type, or animal pictures or 3D animal shapes depending on the type of round. Different bow types are accommodated. Field archery is not an Olympic sport but is shot at European and World championship levels.

You have a lot of archers competing at a high level within the sport, what are the next major competitions that are coming up for you?

Target – UK Nationals, Commonwealth European Championships and Island Games.

Field – UK National Regional Championships, IFAA European and World Championships.

What makes your sport great?

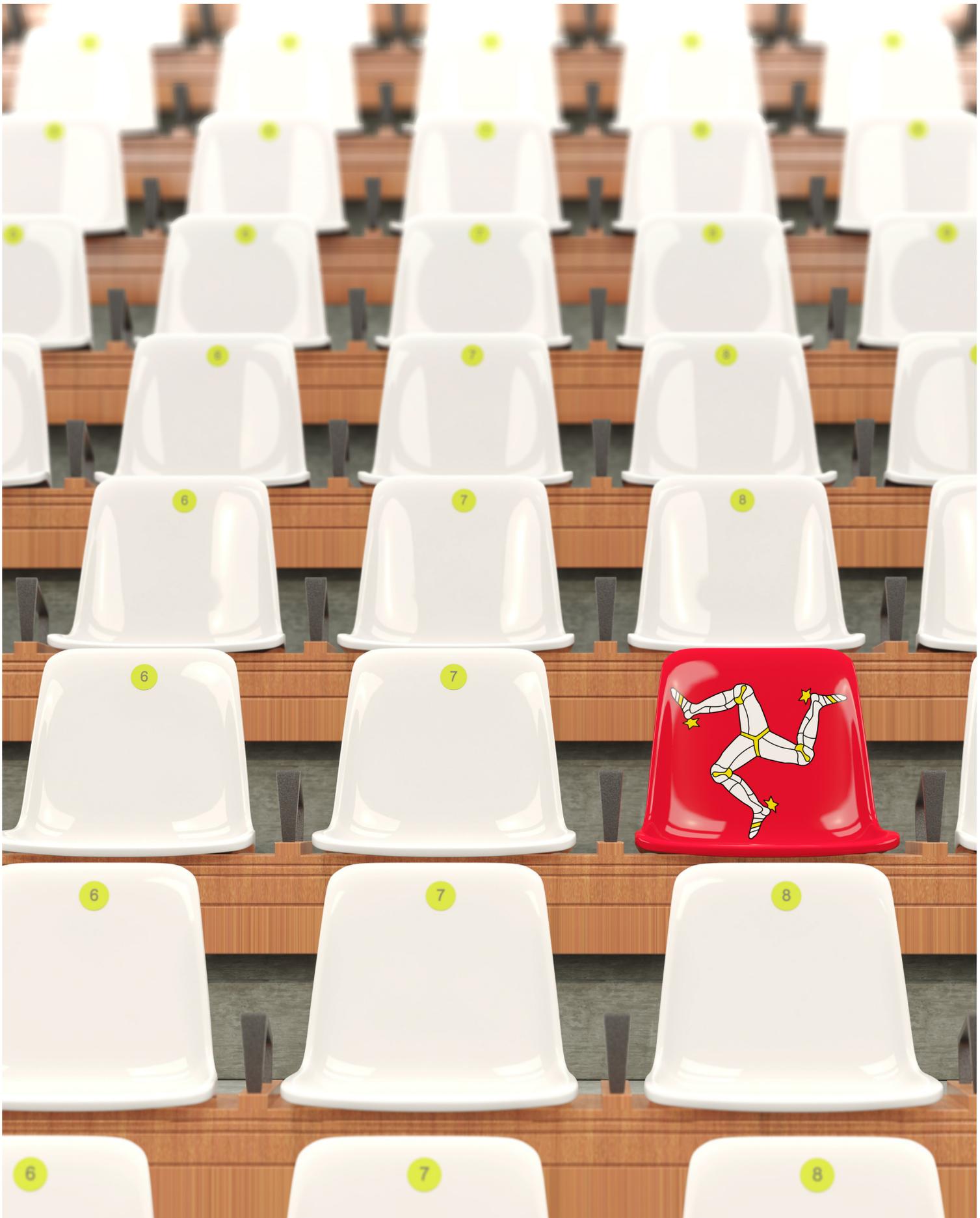
Archery is a sport which can be enjoyed by all ages, from 9-90 years. It is a great family sport, providing both indoor and outdoor competition throughout the year. It is fundamentally an individual sport (although team competitions are offered at higher levels of the sport) and it fosters and enables great personal achievement.

If someone reading this wants to get involved in Archery, where should they start and what opportunities are there?

Target Archery – two 5-week beginners' courses are run each year, one in January and one in October (both held indoors) and details are available in the Beginners' Section on the IOM Archery Website – iomarchery.com. Enquiries can also be made to the following email address:

joyandpeter@manx.net

Field Archery – Anyone interested should contact Rodger or Lesley Sleight at the following email address: ronague@manx.net or lsronague@gmail.com for details of how to start the sport.



WE ARE HERE TO HELP!